

SEND Directory

The aim of this directory is that it becomes a one-stop shop to support your child's needs at home. As such, we welcome contributions from parents and carers to ensure that there is the most up-to-date and relevant information to support a variety of needs. Please email office@kingfisher-gst.org to add your contribution or speak to Ms Lawrence.

Emotional health and wellbeing

As we all come through the pandemic, it is imperative that we support our own and our children's mental health and wellbeing. We are always here to support you and be a listening ear, but here are a few things that you could try at home!

Top tips to support children and young people



Be there to listen

Regularly ask how they're doing so they get used to talking about their feelings and know there's always someone to listen if they want it. Find out how to create a space where they will open up.



Support them through difficulties

Pay attention to their emotions and behaviour, and try to help them work through difficulties. It's not always easy when faced with challenging behaviour, but try to help them understand what they're feeling and why.



Stay involved in their life

Show interest in their life and the things important to them. It not only helps them value who they are but also makes it easier for you to spot problems and support them.



Encourage their interests

Being active or creative, learning new things and being a part of a team help connect us with others and are important ways we can all help our mental health. Support and encourage them to explore their interests, whatever they are.



Take what they say seriously

Listening to and valuing what they say, without judging their feelings, in turn makes them feel valued. Consider how to help them process and work through their emotions in a more constructive way.



Build positive routines

We know it has not been easy recently, but try to reintroduce structure around regular routines, healthy eating and exercise. A good night's sleep is also really important – try to get them back into routines that fit with school or college.

Some useful websites include:

<https://www.medway.gov.uk>

<https://youngminds.org.uk>

<https://www.nhs.uk>

These BBC clips are a great way to help our youngest members of our Kingfisher family understand their emotions. <https://www.bbc.co.uk>

Speech and Language

Our amazing speech and language therapist, Laura Blackman, has provided some great links on her website to support your child's speech and language needs.

<https://elmslt.com/resources/>

Sensory Needs

There are so many ways that you can support your child's sensory needs at home using everyday products!

<https://www.variety.org.uk/sites/default/files/media/downloads/Variety%20%E2%80%99s%20guide%20to%20making%20your%20own%20sensory%20kit%20FINAL.pdf>

If you would like to borrow some of the more specialist resources over the longer school holidays then please do ask!

Dyslexia

The British Dyslexia Association has shared some really useful tips to help you support your child!

<https://www.bdadyslexia.org.uk/advice/children/how-can-i-support-my-child>

Some of the language used can be quite confusing, please get in touch with your child's class teacher and/or Ms Lawrence who will be able to show you the specific strategies that we use in class.

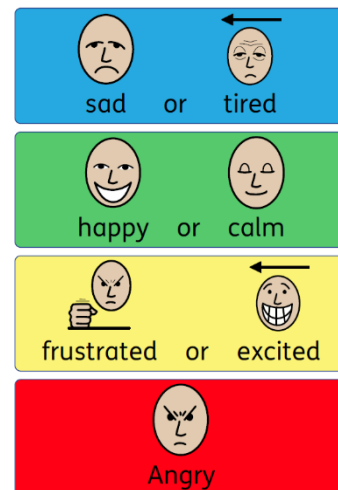
Emotional Regulation

Emotional regulation is something that we can all find quite tricky and a number of our pupils really benefit from the evidence-based approach of Zones of Regulation.

<https://www.zonesofregulation.com/index.html>

If you would like support to implement Zones of Regulation at home then please let us know!

We are so lucky to have Mrs Brightman and Mrs Maurus who are trained ELSAs, they offer a 6-week intervention program for children who need specific support in managing emotions and feelings.



Cued Articulation

Cued articulation is a visual signing system that supports children with their speech development. We have introduced this in conjunction with our phonics program, RWI, to support our learners in EYFS and KS1. The children love it and it has ensured inclusivity in our phonics lessons. I'm sure that your children will be able to show you the signs but here is a YouTube clip for you to watch!

https://www.youtube.com/watch?v=YZPaS-3C5vQ&ab_channel=KateKorber

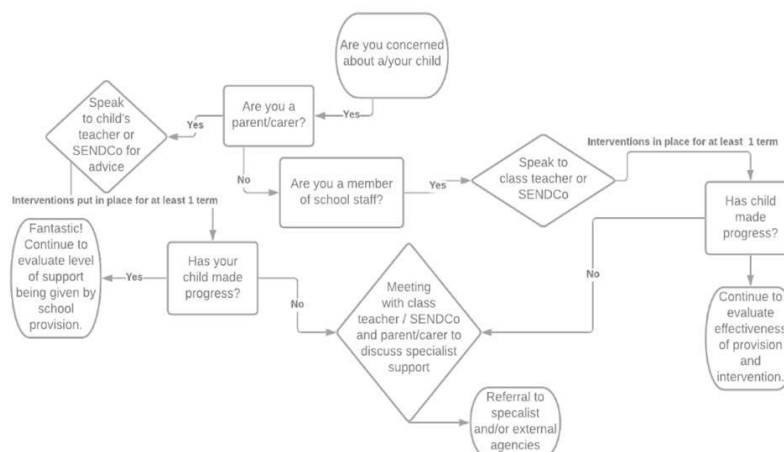
EHCP Process

The below link is an extremely helpful website that explains the EHCP process and the expected timeline.

<https://ehcpjourneys.com/family-stories/>

Referral Process

Please see below the process (graduated response) that we, as educators, must go through before an external referral can be made.



Our Offer

Universal

- Communication friendly environment
- Visual supports
- Catch the positive
 - Diamond
 - Values
- Parental communication
 - Circle Time
 - P4C
 - PSHE
- Early Help Assessments
- Assembly awards for behaviour, curriculum and attendance
 - Daily Mile
 - Open door policy
 - Attendance phone calls/letters
- Approachable and positive culture
 - Tactical ignoring
 - Praise
- Discreet behaviour and expectation reminders
 - Meta ambassadors
 - Learning walks
- Conversations around family
- 2 hrs for PE each week

SEN Support

- Zones of Regulations
 - ELSA
- Timed movement breaks
 - SMART targets
- Individual learning plans
- Tailored assessment
 - PSP
 - Circle of Friends
 - Precision Teaching
 - In- Class Support
 - Small group and 1-1 Teaching
- Access arrangements
- Liaise with parents
 - LAC Tutors
 - Sensory Circuits
 - EHCPs
- Medical care plans
- Medway Core Standards
 - In school reviews

External Support

- MOT (specialist social communication outreach)
- SALT (NHS & Traded)
- Educational Psychologist
 - OT
- Bradfield's Outreach (behaviour support)
 - Attendance
 - Triple P
 - School Nurse
 - CAMHS
 - Snapdragons
 - Medical
- Medway Small Steps
 - FIS
- Talking Therapies
 - SENDIAS
 - Social Care
 - Young Carers
 - Police/PCSOs
 - Sensory Service
 - Turning Point

